Referral mapping tool

For addressing sexual health concerns in people affected by cancer

SEXFIOC

Sexual health and intimacy are commonly affected by cancer and its treatments, and concerns often change over time. Knowing what services are available locally — and how to access them — makes referral easier and increases the likelihood that people will engage with support.

Use this tool to map the services your team can refer to. Capture practical details such as cost, wait times, location and telehealth options. Confirm that each service is appropriate, safe, inclusive and accessible before referring.

BEFORE YOU START

Complete this with input from your multidisciplinary team. Trusted colleagues, your GP liaison and online directories (CanRefer, Healthdirect, Society of Australian Sexologists) can fill gaps in your own knowledge. Where external access is limited, consider whether non-cancer services within your organisation may have relevant expertise.

SERVICE FEATURES AYA suitable · Older adults suitable · Disability focused · LGBTIQA+ affirming · Telehealth · Bulk billed

Note where confirmed in the relevant column.

01 Allied health & physical support

Common services: Pelvic floor physiotherapy, clinical dietitian, occupational therapist, accredited clinical exercise physiologist, lymphoedema nurse, speech pathology.

02 Psychological & social support

Common services: Psychology and counselling services, psycho-oncology, social worker, sexual health counsellor / psychosexual therapist (qualified), peer support.

03 Specialist medical

Common services: General practitioner, sexual health physician, menopause specialist, urologist, gynaecologist, endocrinologist, dermatologist.

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01 Allied health & physical support

LAST UPDATED _____

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Pelvic floor physiotherapy	EXAMPLE **Bendigo Health: Continence & Pelvic Floor Clinic** 14 Stewart St, Bendigo 3550 (03) 5454 8500	Diagnosis, management and education for bladder, bowel and pelvic floor dysfunction or pain. Older adults suitable	GP letter preferred; self-referral via 1300 733 581	Wait: 2–3 wks. Bulk billed Telehealth	Useful for patients post-pelvic radiotherapy. Confirm dilator-use experience before referring.

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01 Allied health & physical support *(continued)*

LAST UPDATED _____

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