

Team-based approach to sexual health

Discussion prompts to get your team practice ready

This tool supports teams to build shared awareness of roles, identify processes to address sexual health in cancer care, and highlight opportunities for knowledge sharing and upskilling to support confident, inclusive practice.

HOW TO USE

Bring to a team meeting and use the prompts to guide a short discussion. These prompts are flexible and intended to guide conversation. Sharing is optional. Focus on identifying what is already working, any gaps, and supports that may not be widely known. Teams will have varying levels of experience and confidence, and ongoing learning is encouraged.

PROMPT	SPACE FOR NOTES
☐ How do we currently bring up sexual health with our cancer patients in everyday practice?	
☐ Where could we naturally build this into existing workflows?	
☐ When do we first raise sexual health (e.g. consent, education, treatment planning)?	
☐ At which points should we check in again (e.g. follow-ups, treatment milestones)?	
☐ Do we offer patients choice about how often this is discussed?	
☐ Who typically initiates these conversations now (e.g. radiation oncologist, clinical nurse consultant)?	
☐ How could we better share this role across the team?	
☐ What helps team members feel confident raising this topic?	

PROMPT	SPACE FOR NOTES
☐ Are there skills, scripts, or supports we can share?	
☐ When we have conversations about sexual health with patients, are these spaces private, accessible, and safe?	
☐ What information, tools, or services are we already using?	
☐ Are there helpful resources that not everyone knows about?	
☐ Do we know where to go, or who to go to, if we want more information to support patients with sexual health concerns?	
☐ Do we know what referral options are available locally?	
☐ Do we know how and when to refer?	
☐ Do our current assessment tools include sexual health questions? If not, where could they be added?	
☐ Are there any gaps or education opportunities that we have identified today?	

You may also find the [Referral Mapping Tool](#) useful for identifying local services and support options for sexual health concerns. Use it to capture what your team can refer to — including cost, wait times, accessibility, and inclusivity.